

The Other Press.

Volume 39

September 18, 2012

Issue 3

NO BULL



DOUGLAS INSTRUCTOR'S DEBUT BOOK HITS SHELVES WITH A COMMANDING BANG

**BEAT THE
BOTTLE**

New water station
in New West

04

**GET YOUR SEXY
BACK, BACK**

Tips for lumbar
protection

09

**CANADIANA,
OR CLONE?**

Bell's answer
to Netflix

07

**SOCIAL MEDIA
DETOX**

A student's quest for
Facebook freedom

10

WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every

semester at registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

The Other Press.

The Douglas College student newspaper since 1978

Room 1020 - 700
Royal Ave.
Douglas College

New Westminster, BC
V3L 5B2
TELEPHONE: 604.525.3542

EDITOR IN CHIEF



Sharon Miki
editor@theotherpress.ca

ASSISTANT EDITOR



Jacey Gibb
assistant@theotherpress.ca

BUSINESS MANAGER



Angela Szczur
accounting@theotherpress.ca

PUBLIC RELATIONS MANAGER



Stephanie Trembath
publicrelations@theotherpress.ca

DISTRIBUTION MANAGER



Chris Paik
distribution@theotherpress.ca

NEWS EDITOR



Dylan Hackett
news@theotherpress.ca

ARTS EDITOR



Angela Espinoza
arts@theotherpress.ca

LIFE & STYLE EDITOR



Laurel Borrowman
lifeandstyle@theotherpress.ca

OPINIONS EDITOR



Natalie Serafini
opinions@theotherpress.ca

SPORTS EDITOR



Josh Martin
sports@theotherpress.ca

HUMOUR EDITOR



Livia Turnbull
humour@theotherpress.ca

STAFF WRITER



Eric Wilkins

STAFF WRITER



Joel MacKenzie

STAFF WRITER



NOW HIRING!

LAYOUT MANAGER



Cody Klyne
layout@theotherpress.ca

GRAPHICS



Joel McCarthy
graphics@theotherpress.ca

ILLUSTRATOR



Oliver McTavish Wisden
illustrator@theotherpress.ca

CONTRIBUTORS

Hannah Galve
Sophie Isbister
Jenn Markham
Amanda McGregor
Lauren Paulsen
Julia Siedlanowska
Kayla Steinman

NEWS



Learn or burn: Douglas Learning Centres are here to help

Dylan Hackett, pg. 04

ARTS



Band of Horses new album ain't no Mirage

Sophie Isbister, pg. 06

LIFE&STYLE



The surprising link between global economics & hemlines

Stephanie Trembath, pg. 11

FEATURE



John Vigna talks Print Futures, teaching, and Bull Head

Sharon Miki, pg. 12

OPINIONS



Rank rankings: why it doesn't matter how your college stacks up

Jacey Gibb, pg. 17

SPORTS



Fit for fall: Douglife recreation

Josh Martin, pg. 19

HUMOUR



Losing your Community: hit show dumbed down

Livia Turnbull, pg. 21

We want you

"Here's my theory about meetings and life: the three things you can't fake are erections, competence, and creativity." – Douglas Coupland

How are you doing? Are you starting to feel trapped in the gallows of the semester—that awful time of year when the ease of first classes reading syllabi and making name tags has worn into actual homework and studying? Why not take a creativity break and come contribute to *The Other Press*?

Whether you're a professional writer or you've never written more than the essay for your English 12 final exam, we want you. There's nothing better than a unique voice or point of view to add diversity to a publication—and since *The Other Press* is Douglas College's students' newspaper, we want to have as many student point of views as possible represented in our pages. And, we can always teach you how to write articles! Learning how to be a better writer can never hurt while you're in college, no matter what you're studying.

Need more motivation to stop by *The Other Press* (we meet every Monday at 6 p.m. in room 1020 at the New West campus)? How about the power of friendship? Despite what Van Wilder might have you believe, life on a commuter-college campus like Douglas can be sort of lonely. Kick it *Community* style with the quirky kids at the OP and make some friends. I swear to goodness we're all pretty nice here and, while I came to my first *Other Press* meeting alone two years ago, I now count the bearded and bedraggled staffers as some of my best friends and best people I know.

Hope to see your name in our pages soon.

SHARON MIKI

Douglas Students' Union beating the bottle

Campaign in swing with new filling station installed

By Dylan Hackett,
News Editor

Last week, the Douglas Students' Union's (DSU) 'Beat the Bottle' campaign marched forward with the installation of a new bottle-filling station. Located on the top level/main floor of the DSU building, adjacent to the fourth floor at the New Westminster campus, the station is a step forward for a bottled water-free campus and provides an easy-to-use alternative to purchasing the water sold on campus.

"We are very excited to have our first filling station installed on the main floor—the second will be installed very soon!" said Jill Griffin, External Relations Coordinator for the DSU.

The Beat the Bottle campaign is a localized component of the Canadian Federation of Students' Back the Tap movement—an initiative

against the privatization and commoditisation of drinking water in public buildings and facilities. The movement is largely led by post-secondary institutions, student and labour unions, municipalities, and school boards.

"The sale of bottled water is being banned on more and more campuses across Canada," said Griffin. "To give you some local examples, Vancouver Island University was the first school in BC to ban the sale of bottled water, followed by Vancouver Community College. We are working closely with the college and are hopeful that together we can move towards banning the sale of bottled water on campus.

"Students were very clear last year that this is what they want and we have made it a priority," explained Griffin. "Along with installing the water filling stations, we are working on a comprehensive policy geared towards sustainability. We are leading by example and showing the college that banning the sale of bottled

water is beneficial for everyone: students, the college, and the community at large."

The Back the Tap movement cites that among their reasons to campaign against bottled water is the principle of water as a commons.

"Water is a commons. This means that it belongs to current and future generations, as well as the Earth and other species. Governments must manage water resources on our behalf as a public trust. They must ensure water is distributed fairly and responsibly," says the Back the Tap campaign.

Beat the Bottle aims also to include the often-overlooked David Lam campus in the expansion of accessible public water access.

"There is currently one filling station in the CD building at David Lam. When we talk to the college about these issues, David Lam is always included in the conversation," said Griffin. "It is important that students at both campuses have equal access to all services."



Calling all tutors

The Learning Centre seeks peer tutors

By Dylan Hackett,
News Editor

The Learning Centre, Douglas College's in-house tutoring room, is looking for peer tutors to join their team of well-trained tutoring staff this fall. Applications are being received for the positions for online tutors, technology tutors, and office hour peer tutors.

"We look for students, above all, who have a love of learning themselves," Learning Centre

Coordinator Holly Salmon said. "In the Learning Centre, our primary goal is independent learning, which means we want peer tutors to share that love of learning: the inquisitiveness, the pursuit of knowledge, and the desire to both ask questions and find answers.

"We also have an extensive training program for our tutors, so we look for students who we feel will understand the concepts involved in training."

Available for free use to all Douglas College students, the centre provides drop-in tutoring for those looking for advice and help during open

hours, concentrated weekly tutoring sessions, and 24/7 online tutoring for students looking for help beyond office hours.

"We're free for all Douglas College students and we hope it's pretty easy to try us out," Salmon said. "It takes five minutes to send your paper off to an online tutor for feedback. We also have 25-minute tutoring sessions you can sign up for through Student Self Service section on myDouglas. I can't see how it wouldn't be worth trying it out to see how our services might help you."

For students looking to get involved with the

Learning Centre, Salmon says "The first official step is to fill out an application on the Learning Centre web site. We also love when applicants stop by to say hello and introduce themselves, so once your application is submitted, a quick introduction is also welcome! We recognize many faces already because students who have benefitted from peer tutoring often apply to work here too.

"I'd also recommend contacting instructors who know your work. You can ask them if they mind being a reference for you and even if maybe they are willing

to contact faculty in the Learning Centre on your behalf to let us know how well you've done in their classes."

The Learning Centre is open Monday, Tuesday, Thursday and Friday at both campuses from 9:30 a.m. to 5:30 p.m. and Wednesdays from 11:30 a.m. to 7:30 p.m. Those who send their work in for 24/7 online help are guaranteed a response within 48 hours.

To view all postings for peer tutoring positions visit www.douglas.bc.ca/employees/human-resources/jobpostings/student-postings.html.

Stoned at the expense of fertility

Study confirms connection between marijuana and testicular cancer

By Eric Wilkins, Staff Writer

A study conducted by the University of Southern California (USC) has confirmed a suspected link between marijuana use and testicular cancer. The research is based on comparing data gathered from 163 males who were diagnosed with testicular cancer when they were between the ages of 18 and 36, and matched 292 healthy males of the same age and race as a control.

According to the information compiled, those who smoked marijuana once or more per week doubled their likelihood of developing non-seminoma tumours in the testes—a type of tumour that spreads more rapidly than others.

“We do not know

what marijuana triggers in the testis that may lead to carcinogenesis, although we speculate that it may be acting through the endocannabinoid system, the cellular network that responds to the active ingredient in marijuana, since this system has been shown to be important in the formation of sperm,” said study co-author Victoria Cortessis, Master of Science in Public Health, PhD, assistant professor of preventive medicine at the Keck School of Medicine of USC.

It can often be treated, though removing the tumour usually involves losing a testicle. Despite this, those who have smoked pot at some point shouldn’t panic—while testicular cancer is the most common form cancer in men aged between 15 and 45, it is not a common disease. The odds are approximately one in 270 of getting testicular cancer, and one in 5,000 of actually dying from it.

The research has also



found that cocaine may have an active benefit of preventing testicular cancer. Cocaine can cut one’s chances in half of falling victim to the disease, though it is not suggested that it be used in this manner.

In research done on animals, cocaine has had, “really devastating effects

on the testicles,” said Cortessis. “They get smaller and smaller. I don’t think cocaine is protecting the cells from cancer. I think it’s more likely that it’s killing the cells (sperm-producing germ cells) and therefore they aren’t getting cancer.” Cocaine shrinks the size of one’s veins, and, in doing so, would prevent the blood

flow necessary for cell production.

However, Cortessis would also comment, “If this is correct, then ‘prevention’ would come at a high price. Although germ cells cannot develop cancer if they are first destroyed, fertility would also be impaired.”

Controversial filmmaker taken in for questioning

Maker of film that spurred current outrage in Muslim world taken in by feds

By Dylan Hackett, News Editor



Nakoula Basseley Nakoula

Early on Saturday morning, Los Angeles County police took in Nakoula Basseley Nakoula, 55, a filmmaker allegedly tied to the film, *Innocence of Muslims*.

The film is being held responsible for the outrage of a group of Libyans who subsequently murdered the US Ambassador Chris Stevens and three other American embassy employees. German, British, and American embassies have become hubs of protest against the film across the Middle East. The controversial filmmaker was allegedly taken in for questioning at his local sheriff’s office for unrelated

financial crimes.

“They took him to the local sheriff’s station where he was interviewed. He has since left the area. He was never handcuffed, never arrested, never detained, never in custody. It was all voluntary,” said Sheriff’s Deputy Don Walker.

Nakoula is a member of the Coptic Christian church—an Egyptian sect of Christians who incorporate ancient rituals into their practice. The church’s Los Angeles Diocese issued a statement last Thursday condemning both the film and the murderers who allegedly used RPGs to attack the US consulate.

“We strongly condemn

the brutal murder of the United States ambassador to Libya and three of the embassy employees. In order for peace to reign throughout the world, brutality and hatred must be swiftly condemned and punished,” said a press release from the Coptic Orthodox Diocese. “Furthermore, the Coptic Orthodox Diocese of Los Angeles, Southern California & Hawaii strongly rejects dragging the respectable Copts of the Diaspora in the latest production of an inflammatory movie about the prophet of Islam. The producers of this movie should be responsible for

their actions.”

The current outrage has much in common with the 1989 outrage against Salman Rushdie’s novel *The Satanic Verses*, which caused a fatwa to be issued against the novelist and of the outrage caused by a Danish cartoonist’s, *Jyllands-Posten*, depiction of the prophet Muhammad. In both cases, many of the violent protesters had neither read the novel nor seen the cartoons. In 2005, protesters attacked government embassies of Denmark worldwide because of the nationality of *Jyllands-Posten*’s publication.

While everyone's won, the 'Battle' is lost

'Battle Born' review

By **Sophie Isbister**, Contributor



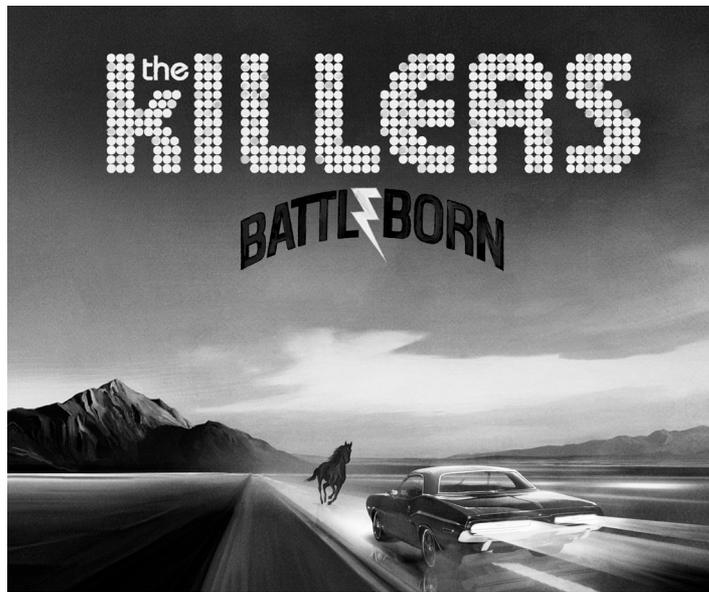
Upon first hearing *Battle Born* (released September 18), it would seem that Brandon Flowers and those other dudes from The Killers were heavily influenced by George R.R. Martin's sweeping fantasy series *A Song of Ice and Fire*. The first track, "Flesh

and Bone," is appropriately epic, with doom-filled soundscapes and soaring vocals. Unfortunately, the pace falters, and by the time you reach the title track at the end of the album, you might already have been lulled to sleep.

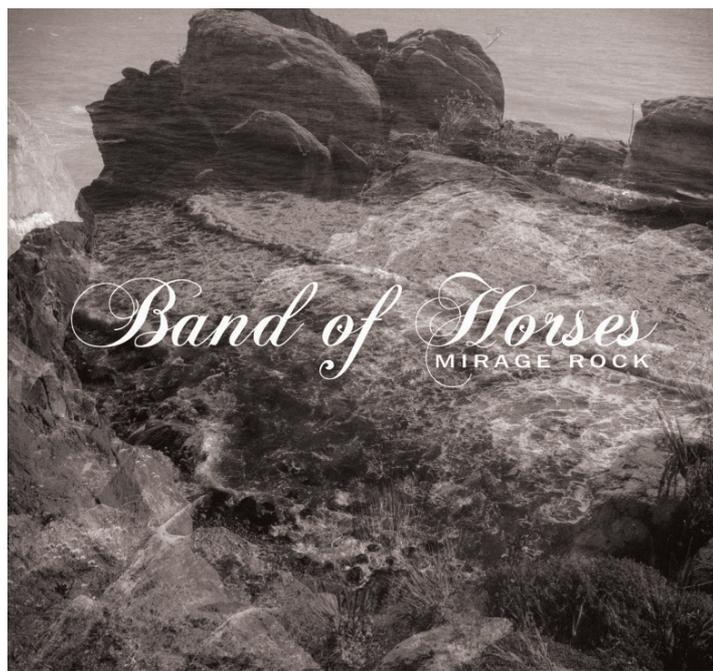
Overall, the fourth effort from the Nevada blah-rock quartet is a numbingly predictable ode to relationships, nostalgia, and a new genre that I've dubbed "narrative rock." Stay tuned! Soon I'll be releasing an online narrative

rock lyric generator and then anyone can write songs about driving their motorcycle/car/Segway to the bowling alley/dance club/abattoir and falling in love with a guy/gal/embalmed horse.

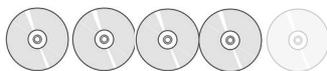
All jokes aside, if you like The Killers you'll like this album, including standout tracks like the album's first single, "Runaway," and the surprisingly good "Miss Atomic Bomb."



Meet me at 'Mirage Rock'



By **Sophie Isbister**, Contributor



Mirage Rock, the fourth album from sometimes-rock, sometimes-alt country group Band of Horses, hits shelves on September 18, and the album opens with a bang. Actually, it opens with a "WOOHOOO!" on unabashedly rock n' roll opening track "Knock Knock."

Despite it feeling like a bit of a mixed bag, I really

enjoyed the album. There's a bit of twang (with lyrics like "Guess what? I've lost my job. It's just my luck" on second track "How To Live"), a bit of crooning (most notable on track 10, "Long Vows," where Ben

freedom, "Electric Music"). Then you have tracks like "Dumpster World," which has you thinking it's a country ballad until it completely switches directions 30 seconds in.

Mirage Rock has

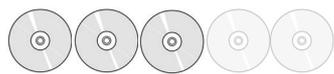
“Mirage Rock has something for everyone, provided everyone likes either rock or alt country.”

Bridwell's vocals are so reminiscent of Neil Young that I actually thought for a moment I was listening to the wrong album), and a hefty helping of solid lyricism (especially on the clean-sounding ode to

something for everyone, provided everyone likes either rock or alt country. And isn't that how it should be? I know I'll be playing "Heartbreak 101" on repeat as I cry into my red wine tonight.

Get comfortable with 'The New Normal'

By **Lauren Paulsen**, Contributor



Ryan Murphy's got a number of hit shows under his belt, but he is perhaps best known for creating the popular dramedy *Glee*. The latest show Murphy's added to his creative resume is a new comedy entitled *The New Normal*, which had its



Ryan Murphy

premiere last Monday. *The New Normal* stars Andrew Rannells and Justin

Bartha as Bryan and David, a gay couple that wishes to have a baby of their own. In comes Goldie (played by Georgia King), a single mother who had her first born at the young age of 15. After finding her husband in bed with another man, Goldie decides to change her and her child's life for the better, which of course requires some money. She decides to become a surrogate, and thus meets Bryan and David. Add in

Goldie's not-so-secretly homophobic 'nanny from hell,' Jane (played by Ellen Barkin), and you've got an interesting cast of characters.

The idea behind *The New Normal* is definitely an intriguing one, and I'm already interested in seeing where the plot goes. Some of the pilot fell flat in its writing, and there were several moments where it felt as though the camera was shooting the series like a reality show, but the pilot

remained solid throughout.

A show like this has of course received controversy from conservative groups, such as One Million Moms, but what can you do; there will always be people trying to rain on your parade.

Regardless, I think *The New Normal's* view on the troubles gay couples encounter is an interesting topic, and I will be keeping my eye on this one to see how it turns out.

Bell's media takeover and the sad state of Canadian television

By Joel MacKenzie,
Staff Writer

Bell Media CEO George Cope announced last week that the company plans to release an on-demand movie program, featuring Canadian and international entertainment. With this, they want to provide a Canadian alternative to Netflix and other similar services... even though we already have Netflix in Canada.

The company is also controversially acquiring Montreal-based media corporation Astral Media in the near future as a part of their Canada-wide 'media takeover.' Bell currently controls many Canadian television stations, including CTV, MuchMusic, MTV Canada, TSN, Discovery, and Space, and radio stations including The Beat and QM/FM. Owning Astral Media would place even more stations under their

power, potentially putting them in control of a big chunk (around 35 per cent) of Canadian media. What's confusing is that controlling any more than that amount is prohibited by the Canadian Radio-television and Telecommunications Commission (CRTC), in order to prevent any one company from having too big of an influence on the market.

The CRTC stipulates that a lot of content featured on Canadian stations must, of course, be Canadian, in order to ensure that content from America and other countries does not dominate the market. A similar stipulation would surely be enforced on their Netflix-style project. The question arises: would television viewers be interested in buying such a program filled with Canadian content, when they have access to ones containing both that and the vast array of American programming?

I am not a big fan of

BELLFLIX

Canadian programming. The occasional Canadian television show that I tune in to often comes off as corny, lazily-written, or cheaply animated. They also often come off as merely operating in the shadow of popular American shows, either by imitation (compare the acting and cinematography of *Mr. D to Parks and Recreation* or *The Office*, for instance), or by being a Canadian version of such a show (remember *Are You Smarter than a Canadian Fifth Grader?* Me neither). Though, one can't write Canadian programming off that easily: as we

have about a ninth of the population of America, less shows can be produced altogether; much less unique, well-written shows anyways. And Canada has proven that it can produce the occasional gem, like the self-aware *Corner Gas*, or the immensely popular (albeit short-lived) *Clone High*.

Maybe the incarnation of a Canadian Netflix-style program could provide motivation and revenue for Canadian television producers to make more excellent programming that could draw international attention to said potential shows, or our own

Academy of Canadian Cinema & Television itself (which holds a Canadian television award show, The Gemini Awards, which operated annually from 1986 until 2011).

Canada's unique identity was created by its inclusion of many different cultures, its relationship with America and Britain, and its array of talented writers, actors, and visual artists. One would hope that with all this, our country certainly has more to offer than cheap clones of American programs.

Black and white and black all-over

Taking a look at the computer release of 'Closure'

By Angela Espinoza,
Arts Editor



Back in 2009, Tyler Glaiel and Jon Schubbe uploaded a game to Newgrounds. This game was an early version of *Closure*, which they released in full to the PlayStation Network earlier this year in March. To release the full game in the form we see it today, Glaiel and Schubbe formed an independent company known as Eyebrow Interactive. As of Friday, September 7, the team released the game onto two additional platforms: PC and Mac—this is a review of the Mac

version.

In 2012's *Closure*, our shaky little man in the demo has since been upgraded into a clean, cute little demon spider. Controlling this spider with the arrow keys, the player is thrown into complete darkness, literally pitch black. Save for your starting point and the occasional key area, one can only produce light in two ways: adjusting floating lamp heads, or more commonly, carrying around tiny glowing balls of light. As the levels go on, you will find yourself needing to jump in order to reach additional areas, as well as adjust the positions of glowing crates and tires.

The game opens with a brilliant tutorial that simultaneously works as the credit sequence, something extended from the original demo; be sure to remember the experience, because

you won't be repeating this. From there you are provided three doors, each containing 24 stages, and a piece of headgear that transforms your spider into either a man with a miner's hat, a young lady with a ponytail, or a little girl with pigtails. Each of the following batches of levels understandably become somewhat more difficult, but the game is carefully designed so these changes do not come off as a brain-melting spike. Technically speaking, the entire game has already reached that spike in merely existing; once you've got the grasp of what you're playing, the game's impossible to become, well, impossible.

Closure is experienced largely in black and white, with the characters and background art presented in white with touches of shading for detail. It's a

beautiful game to look at, having been hand-drawn by Glaiel himself. But while it's hard to ignore minimal comparisons to 2010's *Limbo*, I'm happy to stress that despite the 'colour pallet,' and puzzle solving, these two games have almost nothing in common.

If I have to be honest, I will say I prefer *Limbo*, simply because its become widely accepted as an 'art game,' whereas with *Closure*, I'm not exactly sure where the game sits. The closest I could get to a feel for the game was ironically by checking out the demo, in which the title card features a beating heart pumping blood—at least that image lets me know this is actually supposed to be a game dark in content and presentation. In the full version of *Closure* however, I'm not entirely sure what's going on, or what connects

the three additional 'characters' for that matter.

Nonetheless, *Closure* definitely ranks in my top 10 indie games of the year. While there isn't much to offer story-wise, the puzzles are immensely fun to solve, and the soothing, if not haunting, award-winning soundtrack keeps even the most beastly of players calm as they attempt to solve the more problematic puzzles over and over again. *Closure* is a tad on the short side for a \$10 price tag, but I guess it just depends on how fast the player is able to solve the game's puzzles.

Closure is currently available on PC and Mac through Steam; while you'll have to make the judgment call on whether to wait for a sale or not, this game is absolutely worth getting.

In the key of a master

Arts at One presents Iman Habibi and Deborah Grimmert in 'Piano Pinnacle'

By Kayla Steinman, Contributor

Last Thursday in the Laura C. Muir Performing Arts Theatre, one of Douglas' immensely talented graduates returned and proved that hard work and determination can make just about anyone's dreams come true. Iman Habibi, once a Douglas music student, now a composer and pianist, came back to his beloved college to premier one of his own compositions, along with his partner and Vancouver-based music teacher, Deborah Grimmert. These two brought with

them a passion that could only be achieved by years of patience as they developed their music.

Focusing on music from the 19th and the 20th centuries, the duo played for us the sounds of Spain in "Ritmo" from *Danses Andalouses*, composed by Manuel Infante; the piece expresses the fun, energetic, and busy life of a person

amazing by requesting for a number of miniature compositions, averaging a minute each, from all around Canada, which they went on to showcase five of. This experiment was intended to bring British Columbian composers more attention, a topic that means a great deal to the duo; they went on to wish to encourage more students

was a piece that was found in a box of unwanted music outside of Grimmert's studio, entitled "In a Persian Market." This piece allowed one to easily hear the hustle and bustle of a market: the camels coming and going as bookends, with a princess arriving in-between. Habibi, who hails from a Persian background, used said reasoning as a

the entire movement was a crescendo. "Towering" was very lovely, with the melodies and harmonies shared between the two pianos, it could make anyone want to become a music student. The piece was simply one of the most amazing original compositions I've heard created in modern times, and it was very special to have been a part of experiencing the piece first hand.

Take the time next week to see some of our very own Douglas alumni perform in the Arts at One's "Alumni Vocal Recital," once again taking place at 1 p.m. in the Laura C. Muir Performing Arts Theatre at the New West campus—don't forget, all Arts at One performances are absolutely free!

“*'Towering' was very lovely, with the melodies and harmonies shared between the two pianos, it could make anyone want to become a music student.*”

in Spain. Using two pianos for all of the compositions performed, one was able to hear, as well as picture, what life would have been like in Spain when this composition was created.

For this concert in particular, Habibi and Grimmert did something

and music enthusiasts to show off their talents. In these miniatures, they played the sounds of rain falling, a gentle breeze, and "Off to the Races," a high energy and fast-paced piece.

The one song that they both agreed on as having been the most fun to play

personal encouragement to initially read through the piece, and later perform it.

Habibi, as was stated before, premiered an original piece, entitled "Towering." He further stated that he had gotten the idea for the piece from viewing a concert, in which

It all began with a flying cow

One example of 'A Chinese Tale' as viewed by several Douglas students

By Hannah Galve, Contributor

A Chinese couple are in a boat in the middle of a lake, clearly happily in love. Suddenly, a cow flies out of the sky, overturning the boat they are both on, immediately killing the woman just as her partner was about to propose. "Is this the beginning of a very long elaborate joke," you may ask? No, this is the opening scene of the 2012 film *A Chinese Tale*, written and directed by Sebastián Borensztein, and in that one scene alone, it sets up the tone of the film as a whole: humorous, but also quite dark and tragic. Besides serving as the closing gala film to this year's Vancouver Latin American

Film Festival, *A Chinese Tale* was also screened last Wednesday night at the New West campus.

While the film gives us two central characters—the first of which being Jun (Ignacio Huang), the Chinese man from the opening scene, who has come to our setting of Buenos Aires to search for his last living relative, an uncle—it is Roberto (Ricardo Darin), the second man we meet, who I consider to be the true central character. In the very first scene in which he is introduced, Roberto is aggressively counting the number of screws he has received in a box. After realizing that he's received less than what was promised, he calls up the supplier and yells at him for cheating on their deal.

Roberto's interactions with his customers are quick and to the point. His exchanges with Mari (Muriel Santa Ana), a friend and our love interest, are

distant and awkward as he clearly tries to push her away. He lives alone and has a set (and ever so bland) daily. It is only when he meets Jun—thrown from a cab no less—during one of his daily routines that we see Roberto diverge from the ordinary.

The dynamic relationship between Jun and Roberto is fairly consistent throughout the film. They communicate via gestures due to neither of them being capable of speaking the other's language. Jun does everything that Roberto tells him to the point where Roberto finds himself counting down the days until Jun's uncle is finally located.

"There are two things I notice very quickly in people: integrity and suffering, and you have them both," Mari says to Roberto via letter, an aspect we see throughout the film. Despite the many instances where he tries to abandon

Jun, he can never really find it in himself to leave him. Regardless of his gruffness and lack of warmth towards people, Roberto is a man with a good heart.

The writing of Roberto's character is one of the biggest strengths of the film. He's flawed and therefore incredibly human, allowing us to connect with him despite coldness that stems from loneliness. He comes across as a real person with issues and problems; he's not entirely likeable, but that's what makes him all the more fascinating. However, in the case of Jun's character, I felt as if the writing faltered. Instead of becoming his own character, Jun instead becomes a sort of catalyst for Roberto's development. It is through him that Roberto learns to move past his own pain and find happiness for himself, but we don't quite see how Roberto affected Jun.

Despite the lack of a fuller development, it really

is the steady relationship between Jun and Roberto where the film truly shined. The main idea that seems to surround this film is the idea of being alone, and the different types of loneliness one can feel. These types are contrasted in our two main characters: Roberto is a man who chooses to be alone despite the many instances of people trying to get closer, while Jun is a man who has nothing and no one and is desperately and actively seeking to find and be with his last remaining family member.

A Chinese Tale is about a lot of things: self-discovery, loneliness, friendship, love, but perhaps most importantly of all, it is about closure, and learning to let go of the thoughts that hurt us most. It's a story about finally moving on beyond our tragedies, and how sometimes closure unravels in ways we might not have expected, in this case, with a flying cow.

Bringing sexy back-to-school: back pain prevention tips for students

By **Jacey Gibb**,
Assistant Editor

Personal health is something that students don't often consider when it comes to managing their lives. When juggling work, school, friends, and falling in love, it's easy to put your physical well-being on the back burner and leave it sitting there until it sets off the smoke alarm—that is, until something bad happens.

Being young isn't the same as being invincible; we're all just big bags of skin and bones (and sometimes beefy rippling muscles), and no matter what those 5 Hour Energies might lead you to believe, you do have limitations.

One of the most common ailments to the post-secondary crowd: back problems. As silly as it sounds, hurting your back at some point during your daily mundane routine isn't just something that happens to senior citizens anymore. The most obvious culprit for causing posterior problems rhymes with hacksack. Give up? It's your backpack.

In your attempt to be king of the metros or queen of the purse ladies, you may have opted to carry all of your textbooks and binders in a one-strap bag. Fashion aside, this is a big no-no. Especially if you're carrying a lot of weight, one-strap bags can strain whichever unfortunate shoulder it sits on. Also, whether you're aware of it or not, whichever shoulder the strap is slung over will automatically raise itself to prevent the bag from slipping. This can cause uneven shifts in your balance.

Hopefully this information doesn't frighten you into purchasing one of those rolling suitcase backpacks though. No matter how old my driver's license may say I am, I will

never outgrow the feeling of wanting to kick those bags whenever someone's pulling one along behind them. Unless you're late for your connecting flight at YVR, you don't need a rolling suitcase—last time I checked, Douglas College wasn't an airport terminal.

But if one-strap backpacks can give you back problems and rolling backpacks make you look like a ponce, what can you use to store your scholarly equipment? Introducing the old-fashioned, classic two-strap backpack! The traditional model ensures that there's an even weight distribution between both of your shoulders, and it also acts as the perfect vessel in which to transport beer while party hopping. Everyone's a winner!

Another instigator of back problems for students that loves to show up around exam time is pinched nerves. When you spend eight hours studying, slouched over your oh-so-fancy textbook, your brain isn't the only thing getting stressed—slouching can lead to some serious back pain later on.

You don't have to start penning your tombstone inscription just because you've got a pinched nerve, but they can hurt a heck of a lot and severely limit your mobility, meaning less time on the weekend for dancing. A trick my chiropractor taught me was to put several other books underneath the book you're reading. Because the book is now elevated, you're left to sit in a posture more similar to a human and less like a Quasimodo impersonator. The same trick can be used for when you're on your laptop.

You've already got enough on your plate without having to worry about waking up one morning and finding that you can barely move, so keep your back sexy, like our friend J.T. always said.



“

Being young isn't the same as being invincible; we're all just big bags of skin and bones (and sometimes beefy rippling muscles)

date

SEPT. 19 - 21

► FINE ART

place

**MAIN CONCOURSE
NEW WESTMINSTER**

FANTASY ◀

WILDLIFE ◀

hours

9 - 7

► GIANT-SIZED POSTERS

► MUSIC

last day

9-5

FRAMES & HANGERS ◀

► FILM

► PHOTOGRAPHY

► 1000S OF POSTERS

**THE
IMAGINUS
POSTER
SALE**



Student banking, uncomplicated

Money tips and pointers for the post-secondary masses

By Jenn Markham, Contributor

Students aren't the most prudent of individuals when it comes to money, probably because we have so little of it. That doesn't mean you shouldn't be aware of what you can do with the money you have. Here is some simple advice for the standard student to help keep finances in check.

Banking fees

Some financial institutions offer free banking for students, or until you turn 19 or 25. To reap these benefits, often all you need is proof of enrolment. But, be warned: even if you're

going to school for multiple consecutive years, you may have to go in yearly to update it.

Tuition payments

Students might have been surprised when paying tuition this fall that Douglas College no longer accepts credit cards. Alternatively, students can pay tuition with cash, cheque, or debit online or in person. Some financial institutions also accept online payments. If you're not comfortable carrying large sums of cash around, a money order (for under \$5,000) or a bank draft (for over \$5,000) is a good option. The money is debited from your account right away, and you're given a cheque-like slip to use in place, in some cases for a small fee.

Interest rates

For students who previously used credit cards to pay their tuition, and had the money saved up, finding an alternative route to pay will be easier than for the students who carried a balance on theirs or someone else's credit card from tuition. It gets tricky when you start to think about how much extra you're paying on a credit card with 19 to 20 per cent interest. That's where a personal line of credit might work better. Like a credit card, you can borrow money and make payments, but interest rates are lower, sometimes between three and five per cent. The likelihood to get accepted for these is often based on your credit score.

Credit rating

A credit rating is basically someone else keeping track of how often you make payments, and the likelihood that you'll default on payments in the future. The idea is that no one will lend you money if they don't have reason to believe you will be able to pay it back. When you turn 19, you have no credit rating, and in the scheme of lending, that's equivalent to having a bad credit rating. This becomes important later when you want to get a mortgage for a house, or other lending products. Getting a credit card with a low limit that you pay off every month will help build good credit, as well as paying other bills on time such as your cellphone and house utilities.



An introduction to social media detox

One student's courageous attempt to escape the damaging clutches of a Facebook-addicted world

By Sophie Isbister, Contributor

Don't you hate that feeling? You know the one. The hot warmth on the palm of your hands as you cradle the back of your smartphone like it's the skull of your precious newborn baby, gazing into its single LCD eye. That's the feeling I'm thinking about as I plan my current personal experiment: a four-week social media detox, chronicled in *The Other Press*, the trusty traditional media source that you're currently reading.

I started to suspect I might have a dependency on social media when I picked up my Android

smartphone to check my Facebook notifications—while I was already looking at Facebook in my laptop browser window.

My suspicions were further confirmed when I realized I couldn't pick a sushi restaurant in downtown Vancouver without the aid of the review and maps site Yelp, available in a handy app on my phone. Katrina C. says that Sushi Bang is the best sushi place downtown, but Kelvin G. wonders how anyone could possibly consider Sushi Bang to even be food, which leaves Sophie I. wondering where the hell she should get her

negitoro roll with all this conflicting information!

But stuff really started to get real when I found myself delving deep into a maze of comments-upon-comments in the blogosphere. I would click, scroll, and expand comments with an almost compulsive zeal. I would not be content until I had read all 1,476 comments on every Huffington Post article, no matter how much the uninformed opinions of the masses pained me. Negative comments made me wince, while comments I agreed with bolstered my spirits just enough to keep the endless loop going.

Now it seems I can't read a book without seeing what Jessica K. on Goodreads thinks about it. I can't pick a perfume or nail polish without seeing what the folks at Basenotes or Makeupalley think. And I definitely can't make a life-altering decision without first posing the question to my over-600 Facebook friends (595 of whom I never see on a regular basis).

It has become abundantly clear that this needs to stop. On Sunday, September 16, I will be cutting the cord, shutting the door, and dimming the lights on my decade-

long relationship with social media. No longer will I Tweet or Yelp or Flickr my way through the World Wide Web. For the duration of my four-week experiment I will remove all the social media apps from my phone. I'll steer clear of web-based media and their downward spiral of vicious commenters. I'll even try to plan my birthday party the old fashioned way: by dusting off the "call" function on my smart phone and actually saying, "Hey," no matter how tedious and time consuming it promises to be. Stay tuned.

Social Media Detox



Drop your skirts, girls

When recession hits, hemlines lengthen

By **Stephanie Trembath**,
Public Relations Manager

The global recession that has Gen X—namely, our parents—angry that the economic downturn since the late millennium is robbing them of their retirement, may be on the gradual road to recovery. According to what young femme fatales are wearing to the bars these days, and winter runway fashion for 2013, the recession that has kept our hands in pants pockets may be able to slip back on miniskirts.

Since the Great Depression of the 1920s, the Hemline Index has been used to mark the world's economic state and the turning point during a recession. Street wear and runway designs are indicators of both social and economic status. It started with the "flapper" era, making headlines in the early '20s after Victorian prudishness and decorum was replaced with glitz and glamour, beaded skirts, higher heels, and feathered headbands. The dirty '30s saw the return of full skirts—after World War One robbed society of their luxuries.

George Taylor

established the Hemline Index in the late '20s when he saw a correlation between fashion and the economy. The Great Depression had women of the generation hiding

cheap stockings with longer skirts and material, and not surprisingly, war has a very grim psychological effect, and therefore influences more conservative behaviours.

The economic boom of the '60s influenced the miniskirt. Worn with neon tops and go-go boots, women of the era showed off lots of leg and loose hair. Mary Quant, a well-established designer from London, influenced the mod-movement of the '60s—imagine Twiggy's early modelling career—and was the first to design "hot pants" and the miniskirt. Quant, known for her eclectic designs and free spirit in fashion, treated fashion as a game—something to generate pleasure in society.

In the '70s, Quant's mini had designers inspired to create the micro-miniskirt, worn just above the thigh, Daisy Duke short shorts, also worn just

below the crotch, and the minidress. After the minidress, designers started creating longer-cut dresses with brilliantly coloured designs and bare shoulders, called the maxi-dress.

Into the '80s and '90s, the miniskirt trend continued, with designers showing off pencil skirts for business attire, and short skirts with flounces, ruffles, and flare for the

street. The millennium continued the classier-mini trend until 2008: when the US

stock market crashed and the New Age generation experienced its first global recession. Winter and spring fashion for 2008 and 2009 saw the return of the maxi dress, and the boho-

are tall and thin. In a variety of textures, materials, and colors, the asymmetric skirt may be worn right through fall/winter with tights and a long jacket.

Where can you buy

through select stores), or try vintage or online shopping. Nasty Gal, an online store for progressive fashionistas with reasonable prices, offers the latest in trending fashion-wear and free

“ Since the Great Depression of the 1920s, the Hemline Index has been used to mark the world's economic state and the turning point during a recession.

chic trend; long, flowing skirts and long-silhouettes in red-carpet designs. The flirty, flouncy, designer-wear for the past 40 years was immediately replaced by more material.

Economists today say that consumer confidence in market security has a lot to do with current fashion

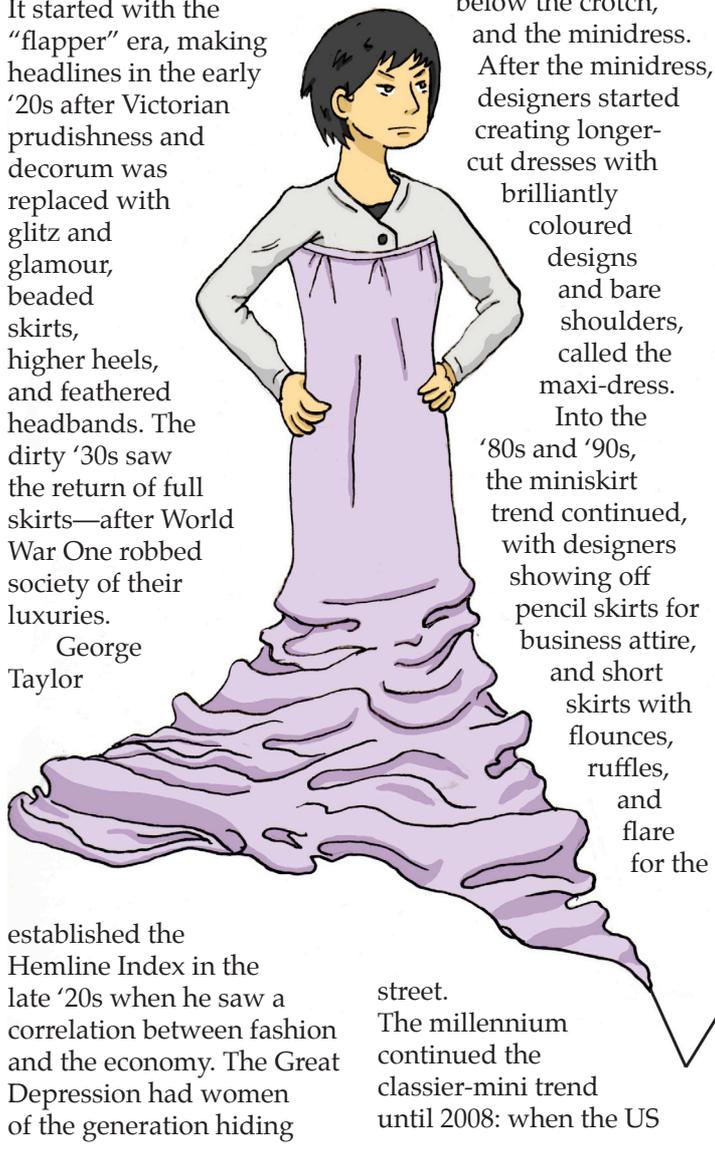
designs; spending hugely influences the economy, and designers quickly adapt their current designs to reflect the financial state of the economy. With more material and less leg, women are still confident in purchasing the latest styles in fashion, even during global recessions when the market is not as secure.

Meeting midway, summer saw the return of the short skirt with the latest asymmetric skirt design. Skirts worn above the knee in front and longer towards the ankle in back became a hot trend this summer, and continue into next spring. Since the asymmetric styled skirt is so versatile, top designer houses like McQueen, McCartney, and Armani took up the trend. No matter what your body type or style, the asymmetric skirt can be altered depending on what you're looking for: a shorter hemline

in the front for wider hips or ruffles in the back and bottom if you

this fashionably fun item? If you have more money to play with, try Neiman Marcus, Anthropologie, or Urban Outfitters. They have the most edgy designs and colors that will turn heads this season. If you are working with a budget, try H&M, Cheap Monday designs (sold online or

shipping. Otherwise, and I've said this before, MAKE YOUR OWN. Buy a longer length skirt that you like, and then carefully cut so that it becomes shorter in the front, but be careful of the material you select as some materials do not hem as smoothly.



30%

said they did it on the couch.

Do it your way.

Enrol anytime, complete your course where and when you want and transfer credits back to your on-campus program.

www.truopen.ca/yourway



THOMPSON RIVERS UNIVERSITY

Flexible • Credible • Online and distance

Feature.

TAKING THE BULL BY THE LITERARY HORNS

Douglas grad and instructor John Vigna talks Print Futures, teaching, writing, and 'Bull Head'



Print Futures graduate turned teacher, and recent author of 'Bull Head,' John Vigna

By Sharon Miki,
Editor in Chief

The life of the professional writer isn't always as romantic or glamorous as cable television might have you believe; most working writers live a life of constant struggle between creativity and financial stability, rejection and elation, and writing and working. Finding this balance can be a delicate juggling act, which makes John Vigna's journey from Douglas College student to working writer to teacher to published author—often simultaneously—all the more impressive.

Vigna, a graduate of the Print Futures: Professional Writing program and current Douglas College

instructor, released his debut book of short fiction, *Bull Head*, this month. The Other Press sat down with Vigna to talk about *Bull Head*, writing, and his print past and future.

wife's property, an alcoholic two-step aficionado visiting his brother in prison, a physically abused husband, and elderly brothers clinging to their old ways.

"What interested me

“I know the college environment and what expectations students bring to the table, and I have experiences in both of those worlds that often cross over. It's great to be able to connect to students, or try to with that kind of background.

Bull Head
Bull Head tells eight stories of men trapped by their environment, landscape, and choices. Set in the 1980s and late-1990s in a fictionalized mountain town, *Bull Head* explores a variety of unique yet distinctly masculine points of view—a divorced pit bull breeder living on his ex-

when I was starting with these characters was sort of the emasculation that men are encountering now," Vigna said. "This is not a response, saying that people should take notice and 'woe is guys'...but there's been such a big shift in society, and real growth for the positive, but [with that shift] it means that there's

this other undercurrent of things that go on, and I was particularly curious about this in very predominantly male environments where they're tied to natural resources."

Accordingly, the world of *Bull Head* is rough on the men that live in it—and their dissatisfaction emerges physically.

"In the world I created, one of the ways the men respond to this is with violence, because they're frustrated, they don't know how else to get through this. They try to make decisions that they think are going to be better for them, but they end up being horrible decisions that lead to terrible situations that can often be very violent or very dark...I wanted to see how these characters, put through this type of setting,

College.

"Some of these stories I had the genesis of...while I was in the Print Futures program. And another story, the whisperings of it, started in that...so that would have been in 2001. Those stories, of course, have changed remarkably. They're not even the same beasts, but they started there."

From print to the future
Vigna graduated from the two-year Print Futures diploma program in 2001, which he took as a means of acquiring the skills to build a career as a writer.

"I didn't want to end up in the place I already was, which was educated but with no job-ready skills really, so I had to make that hard decision," Vigna explained. "When I looked into the Print Futures program, I talked to previous students and I had no idea there was all this other sort of professional writing going on out there, and when I learned that was the case I thought, 'you know, I can do this and find the way to make the time to do my own writing.'"

After Print Futures, Vigna applied his skills to a career as a copywriter before returning to school once more—completing his master's degree in Creative Writing at UBC.

While still balancing his work as a copywriter and

how they would respond and to me, this was one response."

While the book has already received positive reviews from the *National Post*, the *Globe and Mail*, and the *Vancouver Sun*, Vigna noted that the process of writing and publishing *Bull Head* was a long one—and began its infancy at Douglas

creative writer, Vigna also decided to start teaching his craft.

“So now as a teacher of the program, both in Print Futures and in the Creative Writing department, it’s just fantastic because I’ve been a student in both: I know the college environment and what expectations students bring to the table, and I have experiences in both of those worlds that often cross over. It’s great to be

able to connect to students, or try to with that kind of background.

“It’s great to give back to the college, and to give back to the writing community in a small way by trying to encourage other people to write and find that community.”

On writing

While Vigna still works as a copywriter and instructor, at the time of *Bull Head’s*

release, he’s put renewed emphasis on his creative writing, as “now the focus of my life is writing the stories and planning the books that I hope to one day finish.”

For students aspiring to join the fray of professional writers, Vigna advocated courage and dedication to the craft.

“Until you respect it for yourself, no one else will. That sounds easy,

but it’s often the hardest thing to do, to own it, to say that I deserve the time and I should make the time to do this and honour it this way. [And] surround yourself with really good people who support wholeheartedly what you’re doing.

“To all students: you will be rejected. Guaranteed. The most famous lucrative writers in the world and the most

esteemed writers in the world to the people who self-publish... every single one of them has been rejected and will continue to be rejected on various levels throughout their career. So make friends with that and make friends with the rejection, and get past it. It’s never personal, if it’s not now its maybe the next step.”

Bull Head review

Published by Arsenal Pulp Press

“Tomorrow,” he says, “I was just wondering about tomorrow.”

While the protagonists in John Vigna’s debut book of short fiction, *Bull Head*, share some common traits—a coarse masculinity, a proclivity for violence—the most overwhelming characteristic they share is a hushed, unutterable, throbbing yearning for something better.

The eight linked stories in *Bull Head* tell the tales of men in various states of emotional and physical disarray as they live the hard lives often inherent with living in small, resource-driven interior mountain towns like the one fictionalized in Vigna’s world. These are men that work difficult jobs and long days—labouring throughout the day and looking to alcohol, addiction, and women for some form of respite in the night. And, through the bleakness of it all, they keep trying to do right, with heartbreaking earnest.

The opening story of the collection, “Two-Step,” introduces us to the world of living in the shadow of Bull Head Mountain, as Earl forces himself to visit his brother in prison in a complicated gesture of goodwill, only to discover more than he wanted to about his own role in his brother’s downfall. “Gas Bar” follows Dwight, a man who lost his wife and children in a sudden accident, as he tries to get away from his

loneliness through an awkward and ugly tryst with a young prostitute. “Short Haul” explores the shame of a man who turns to strippers and fantasy to escape the reality of an increasingly abusive wife he doesn’t know how to live with. “Pit Bulls,” the book’s closing story, outlines the quiet internalized chaos of a man unable to let go of the family he can’t accept that he’s lost. Brian tries to find some sort of purpose with dog breeding, but his harrowing confusion can’t be unraveled by anyone’s best intentions—closing the book with an image that steals your breath and haunts you for days.

These stories are spectacularly quiet, somehow weaving unnerving grit and unpredictable violence with glittering moments of tenderness. At times, however, the overwhelming masculinity (save for “Cutblock,” the one story told from a female point of view) can position the women in the characters’ lives as somewhat shadowy figures—symbols of loss or pain or inaccessibility that often spark the hurt and violence bubbling within the men. Still, Vigna explores modern ideas of masculinity with prose so flawlessly descriptive that the reader is fully engrossed and left with an alarmingly satisfying ache—similar to that which one of Vigna’s protagonist’s explains as “the sharp sting feels better than anything he’s felt for a long while.”



College Cooking: coconuts, LDL, and HDL cholesterol; coconut balls!

By Joel MacKenzie,
Staff Writer

No, ketchup is not a garnish. Look to College Cooking for recipes, ideas, and healthy eating information to help you create healthy, unique, satisfying food for cheap.

Coconut is one fruit often looked at from opposite ends of the spectrum: on one end as unhealthy or on the other end as a “superfood.” But this distinction, like most foods, is not that easy.

Tropical oils, including those found in coconut, are the most highly concentrated sources of saturated fats available. Saturated fat is commonly considered an unhealthy fat: high doses of it have been linked to an increase of heart disease and some forms of cancer.

The problem with saturated fat is that it typically raises LDL (low-density lipoprotein, or “lousy”) cholesterol levels; LDL can form plaque, or fatty deposits, that stick to the walls of the arteries and reduce blood flow, and are related to health problems and cardiovascular diseases. HDL (high-density lipoprotein, or “healthy”) cholesterol, on the other hand, reverses the damage done by LDL cholesterol

by reducing the plaque buildup on artery walls. Some medical professionals believe that the ratio of LDL to HDL cholesterol levels is important. This ratio is determined by dividing the LDL levels into the HDL levels (measured in micrograms per decilitre of blood); the ideal ratio is considered to be less than four parts LDL to one part HDL. Some argue that simply keeping LDL levels low is more important than this ratio; either way, keeping LDL levels low and HDL levels high is optimal.

Coconut oil raises both the LDL and HDL levels in the body, raising HDL slightly more. This causes a more favourable ratio, and is why it is often argued that coconuts can help reduce cholesterol.

Furthermore, the main type of saturated fatty acid that coconuts contain is lauric acid, which is converted to monolaurin in the body, a chemical compound that has shown antibacterial and antimicrobial effects in laboratory experiments. Natural coconut and coconut oil is the most beneficial; always avoid hydrogenated oils, which add unnecessary saturated and/or trans fats.

So coconuts, like most foods, should not

be classified as simply as “healthy” or “unhealthy.” They take part in complicated processes within the body, many of which aren’t completely understood. Enjoy different foods in moderation, and try to research as much as possible before avoiding or overindulging in any.

Raw coconut “dirty” snowballs

The third raw vegan dessert recipe featured in College Cooking’s September series is raw coconut “dirty” snowballs from Pragati Patel at simplemedicine.co! The recipe suggests melting chocolate over heat, which could break the raw rule of not heating any food over 40° C. Luckily, the melting point of chocolate is around 30 to 32° C, so with diligence, a thermometer, and/or a dehydrator, the whole dessert can be kept raw.

Ingredients:

2 cups unsweetened, shredded coconut
1/4 cup coconut oil
1/2 cup almond flour
1/3 cup pure maple syrup
1/2 teaspoon finely ground sea salt
1 tsp gluten-free vanilla extract
2 tsp cool water
2 oz unsweetened dark chocolate



Directions:

1. Mix all ingredients, except the water and chocolate, until coconut oil is fully incorporated.
2. Add the water and mix; the ingredients should combine and stick together to make balls. If the dough isn’t sticky enough, add water by the teaspoon until the dough sticks together.
3. Boil a pot of water and melt the chocolate in a bowl placed over top the boiling water.
4. Form little balls from the dough, and dip the coconut balls into the melted chocolate. Place on parchment paper to cool and harden.

ASK AN EDITOR

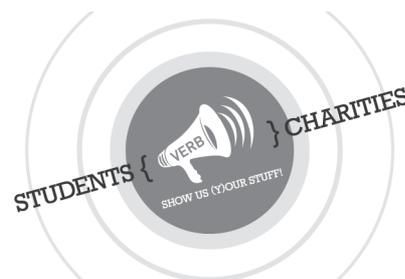
Dear editor:

How do I get girls to notice me?
- Heywood

Dear Joel:

Try being a kind, considerate person with your own passions and interests that you’re willing to share. Most women want to be understood, appreciated, and challenged. And, if that fails, just dress provocatively.
- Editor

Email your sex and relationship questions to editor@theotherpress.ca, and get the answers you need.



WIN
\$100,000
IN
CASH PRIZES!

HOW? Create a public awareness campaign, your way, about how charities impact the quality of life in Canada and around the world!

WHEN? Hurry! November 30 is the deadline to apply!

WHERE? www.StudentsVerbCharities.ca



[@VerbContest](https://twitter.com/VerbContest)

facebook.com/StudentsVerbCharities

Imagine Canada

The Muttart Foundation

Opinions.

Barack Obama or Stephen Harper: who do you prefer?

By **Amanda McGregor**,
Contributor

Recently, the Republican and Democratic National Conventions were broadcasted on television. The main reason I watched the Conventions was because I take great pleasure in watching two people

As it turns out, a recent poll shows that Obama would have gotten 71 per cent of the votes from Canadians who supported the NDP in the 2011 federal election. So why do so many Canadians like Obama?

First of all, Canadians care more about our hockey than we do about our politics. Second, we

haircut. Do I wish I were fascinated with Harper and Canadian politics? Sure. And I have even tried.

In an attempt to remedy my blissful ignorance, I watched interviews with Harper on YouTube. I noticed that the majority of the comments were of dislike, with one remark in particular that amused

“*If we're being honest, Obama has a more stimulating effect on my brain than Stephen Harper.*”

battle for the throne.

Although I know practically nothing about politics, I was excited to see Barack Obama perform his speech. If we're being honest, Obama has a more stimulating effect on my brain than Stephen Harper.

The only other politician I really paid mind to was Jack Layton of the New Democratic Party (NDP).

are exposed to American politics through media since three quarters of our channels are American based. The media is virtually impossible to ignore.

Nonetheless, my lack of interest continues to be the main reason I know hardly anything about Harper. All I know is that he was born in 1959 and has a terrible

me: “He looks like a butch Lesbian.” Another one said “He is like the Canadian George W. Bush, only he doesn't make me laugh.” As I watched one of the interviews I slipped into a reverie, finding myself completely bored!

Don't get me wrong; I have nothing against Harper. Perhaps he could “Slow Jam the News”



on Late Night with Jimmy Fallon like Obama courageously did.

In the end, we all have our different opinions. Mine is that Harper is a bit of a bore and Obama is

charismatic. But at least they both have a decent taste in music: check out videos of them singing on YouTube sometime. Obama sings Al Green and Harper sings The Beatles—not bad!

Over-sung heroes

When decency breeds adulation

By **Natalie Serafini**,
Opinions Editor

I like to be appreciated. Whether for doing well or doing good, it's always nice to be acknowledged. Yet although I'm a firm believer in showing gratitude for acts of kindness, there is a difference between gratitude and adulation. There comes a point where my eyes cannot stop themselves from rolling. That point was crossed in the aftermath of an eight-year-old girl returning \$4,000 to its rightful owner.

I know what you're thinking: “It's a little girl! Let her have her praise! It was very nice of her to return the money!” The applause Abbie Jacobson of Maine received

on her first day of school was adorable. Perhaps the front-page article detailing Abbie's good will and deep moral character was a bit over the top. The sold-out Justin Bieber concert tickets that were given to her by the Bank of Maine were definitely excessive.

First off, the money

“*There's no moral dilemma here: you either do the honest thing, or you don't. She did the honest thing. Let's move on with our lives.*”

wasn't hers, so she returned it to the rightful owner. This is not a novel concept. Why should people be rewarded for doing the decent thing? Granted, if I lost \$4,000 and it was returned to me, I would learn to be more careful with my possessions—I might not be so lucky next time. Not everyone returns money that isn't theirs, but it's not so special that she did. There's

no moral dilemma here: you either do the honest thing, or you don't. She did the honest thing. Let's move on with our lives.

Not to say that kids are stupid, but they don't necessarily think to do something wrong. It may not even occur to them to keep something that isn't

theirs. This isn't the sign of an ethical spine of steel. If someone refrains from doing me wrong because they're oblivious to other options, I don't think of them as the most moral peas in the pod. Besides, she's an eight-year-old kid: what's she going to do with \$4,000?

Now, a little side note on the Bank of Maine, which generously donated Justin Bieber tickets to Abbie and

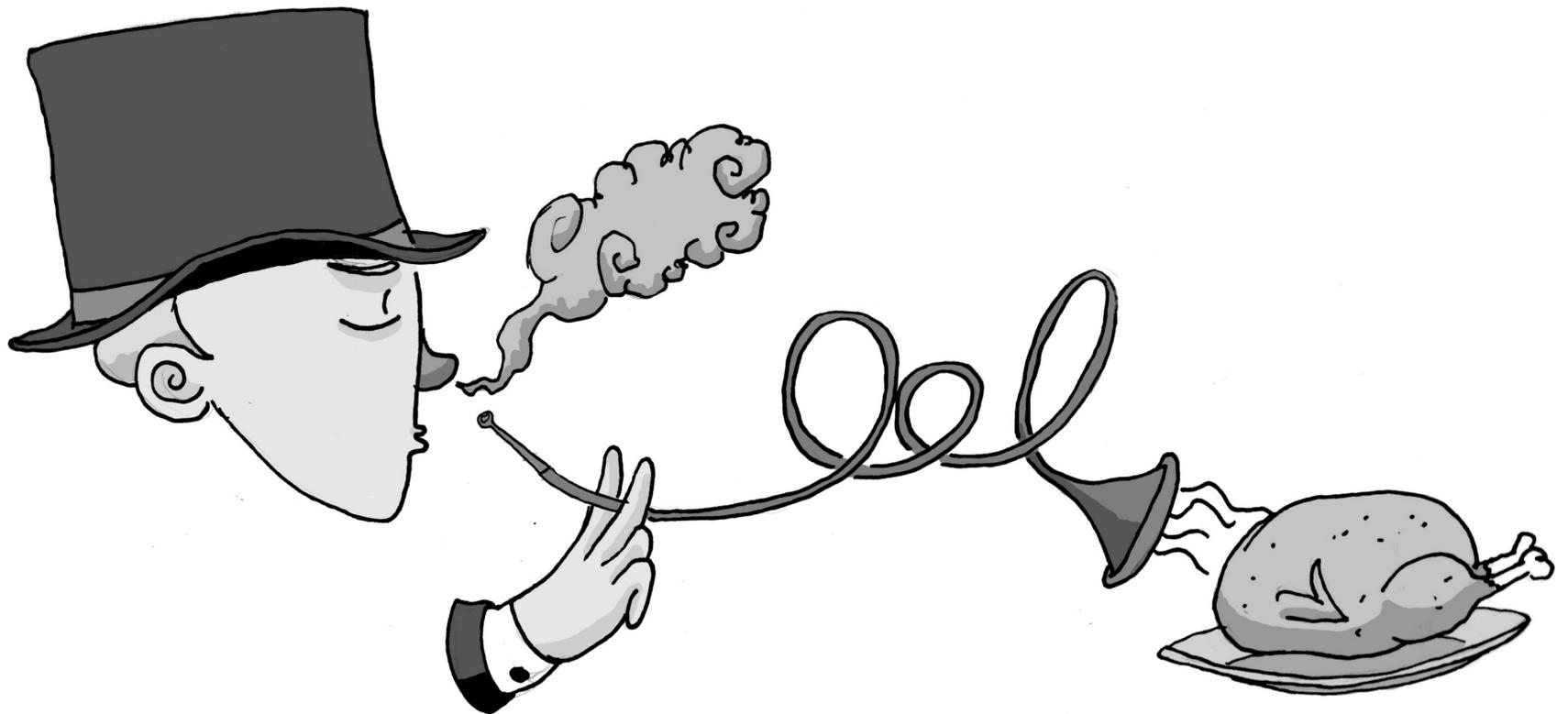
her family. John Everets, Chairman of the Board and CEO of the bank, after reading of Abbie's Bieber-love in the Portland Press Herald, reportedly said that this was “a chance to do something nice for a beautiful little girl.” More like it was a chance to get some much-needed good

press.

I'd be more impressed by Everets if he were focused on improving the lives of those he serves, namely his banking customers. It's interesting that the Bank of Maine has chosen to do something nice for a little girl following a stint of bad press. They've been in trouble for “unsafe and unsound banking practices,” and faced

criticism from Occupy Maine protesters on their foreclosing of people's homes. Suddenly, their name is in the news for a reason other than unsafe banking practices—they've diverted attention to a superficial act of supposed kindness, and now everyone loves the Bank of Maine.

Trust me, I appreciate what Abbie Jacobson did, and I think it's wonderful if she's encouraged to be a good person. What I hate is this mind set whereby doing something decent gets you a massive, disproportionate reward. Abbie Jacobson's story, while sweet, distracts from the truly relevant matters. Too often we ignore those bigger issues in society, preferring to focus on superficial stories. I'd rather ignore the little acts of decency that should be expected and focus on the important issues.



Wait'll you get a whiff of this!

Inhaling your food

By **Natalie Serafini**,
Opinions Editor

Bon appétit; we're inhaling food now. Rather than being bogged down by cumbersome calorie-counting and mastication, you can now sip cloud food. Although I'm tantalized by the thought of being able to eat a cheesecake without the calories, this isn't exactly what foodie dreams are made of.

This gastronomic innovation is a sequel to scientist and Harvard Professor David Edwards' "Le Whif," which is an aerosol that sprays particles of dark chocolate, among other foods. He later came up with "Le Whaf," the newest in glutton-avoidance. Essentially, food is boiled to a liquid, strained, and poured into a vase-like structure. The structure has ultrasound planted in the bottom, allowing it to agitate the food into a cloud. The cloud

floats out of the Le Whaf, and the dieters float up to the cloud, little straws clutched in hand.

First world problems much? Oh no, I want to taste all the food, but I don't want all the calories! I'll just have to inhale it, getting absolutely no nutrition! Not to sound like a mother attempting to force-feed their children

continuing in our obsessive endeavors to be thin, why not consider the people in this world who are endeavoring to stay alive?

A lot of the joy of food is in the texture, not just the flavour it leaves behind. Aroma alone cannot replace the ooey-goey cheese on pizza, or the crunch of a potato chip, or the smooth density of chocolate ice

maybe this food cloud can function as a sort of nicotine patch. But food clouds most likely won't help an unhealthy relationship with food, particularly since they foster the sense that you can't actually eat or indulge. This is a form of food shaming, rather than a healthy alternative to your favourite treats. Don't go suckin' up food clouds.

and banana on toast, I always line the banana slices up in perfect little rows on the toast, snugly swathed in a thick layer of peanut butter. Eating isn't even just the flavour, or the smell, or the texture. It's the whole process wrapped up in one. As much as this clever new gimmick may be worth a try, I would hate to think of it catching on. What would Sloppy Joe's be without the sloppy? Or cheesecake without the thousand calories stipulated in the fine print? Eating may be a love-hate relationship for many people, but I think it's more of a labour of love.

“ I'll confess that I'm vaguely hopeful someone will decorate a restaurant in a manner reminiscent of an opium den, and serve cloud food exclusively inhaled through hookahs. ”

Brussels sprouts, but there are people starving in this world. This food inhalation is an example of badly distributing food that could actually provide sustenance. I'm not saying we should be shipping food off to Third World countries, but perhaps we could do something other than cook up clouds. Hey, there are people going hungry in our country too! Rather than

cream. Of course, eating all these foods does not a healthy person make, so it's understandable that people go in search of ways to taste the forbidden non-fruit without suffering the consequences. But really. Eat an apple, or eat a piece of cake. If you need help with your eating habits, replacing food with clouds won't solve anything. If you have a food addiction,

Eating is an interactive experience, not passive inhalation. I'm sure there are foods you eat in a certain way that you wouldn't consider changing. I wrap my spaghetti around my fork on top of my spoon because I remember struggling with it for years when I was younger till I finally mastered the technique. When I make peanut butter

I'll confess that I'm vaguely hopeful someone will decorate a restaurant in a manner reminiscent of an opium den, and serve cloud food exclusively inhaled through hookahs. That is one experience I wouldn't want to pass up. Until someone makes this hookah-cloud-food-restaurant a reality, I'll have to stick with eating my solid food the old fashioned way.

Avro Arrow came back

And then it took an arrow to the knee

By Eric Wilkins,
Staff Writer

There was recently an intriguing proposal floating around Ottawa regarding the ever-touchy subject of Canada's Air Force: bringing back the Avro Canada CF-105 Arrow. The Avro Arrow was a highly advanced Canadian interceptor that was dreamt up in the '50s and despite the extreme enthusiasm behind the project, it was ultimately scrapped by Prime Minister John Diefenbaker on February 20, 1959.

Retired Major General Lewis MacKenzie had this to say in promoting the resurrection of the interceptor: "It's an attack aircraft. It's designed for attacking ground targets and its stealth is most effective against short-range radar, protecting ground targets. What we need in Canada is something that

can go to the edge of our air space, from a sovereignty point of view, and be able to catch up with intruders."

Unfortunately for Mackenzie and other supporters of the resurrection, Harper's government saw the situation a little differently. "While we appreciate the sentimental value of the Avro Arrow, which was cancelled 53 years ago, analysts looked at the proposal and determined that this is not a realistic option," said Associate Minister of National Defence Bernard Valcourt. "The proposal to develop, test, and manufacture what would effectively be a brand new aircraft is risky, and would take too long and cost too much to meet Canada's needs."

I'm a proud Canadian. Whenever there's an opportunity to toot our country's horn, whether it be for a medal in the Olympics or simply why maple syrup is the greatest thing since sliced bread, I like to take it. The Avro Arrow was well

before my time, but its legend has lived on. And so, despite it being long before I came into being, I feel proud of the Arrow; to quote Valcourt, there is "sentimental value." However, sentimental value isn't enough to sway a multi-billion dollar decision. I loved my baby blue onesie when I was a little kid, but that doesn't mean I'm going to strut around campus in a similar clothing choice just because of the warm memories it would bring back. The point of the matter is, the Arrow is a 53-year-old aircraft. It really doesn't matter how advanced it was for its time because 53 years means a massive leap in research and technology improvements.

The estimates for updating and producing the interceptor are supposedly quite reasonable (less than \$12 billion), or at least cheaper than the F-35's (\$16 billion), but this figure is difficult to believe. I'm no aerospace engineer, but I imagine that there would be a great many things to



change on the aircraft, and not many things that could be left the same. While it wouldn't quite be starting from scratch, it would still be an expensive endeavour to get it up to speed. On top of this, since when have estimates ever been

accurate? I recall the F-35's being significantly less a year ago than they are now. Given the choice, I'd much rather have a proven, brand-new, top-of-the-line fighter than a revived Canadian relic that could conceivably cost more.

I'm not banking on rankings

Why college rankings are rank

By Natalie Serafini,
Opinions Editor

The list of the top 200 schools in the world was recently released, and Canada did reasonably well. In fact, the University of Toronto and McGill University both made the global top 20. As shivering with pride as I'm sure many students attending the two universities must be, I'm not sure how significant the ratings actually are.

To start, although it may be impressive to have McGill or the Massachusetts

Institute of Technology (the world's top university for 2012/13) as your place of study, keep in mind that the ratings change from year to year. If a university is the top in the world this year, it may very well fall down the ranks within a year. Some universities will rise, as is their goal, but because all the universities are in competition for student money, it's not a good idea to bank on a school just based on one year's top 200 list.

I also have to wonder, how much better is one school than another? I get that there are certain aspects that are quantifiable, and can be measured up to make a hierarchy of the top

schools. But really, should you feel bad just because you're not attending one of the top 20 schools in the world? No, you should just feel good about the fact that you're attending a school at all!

Besides, information is information. You'll most likely read similar textbooks and learn similar truths regardless of where you go. Unless you're attending a school with no library, no certified professors, and no student rights, how bad can it possibly be? I imagine it's pretty rare to encounter a school that's falling apart in every way because, like I said, they're all competing for your money. They want you to come to their school,

so they will try to have good professors and well-kept campuses.

The list of the top 200 universities in the world takes into account a number of different factors, including academic reputation, employer reputation, citations per faculty (how much the faculty is contributing to their field), ratio of faculty to student, number of international faculty members, and number of international students. Although there is a separate list for the World University Rankings by subject area, I'm not sure how much the world's top 200 list is based on all-around good programs at a school. A

school can be the place to go for a Physics program, but be lacking in their Philosophy programs. Even the "best school in the world" may not be the best school for you.

What matters is that you get an education, not where you get it. What matters is how hard you work, not the school's ranking on the global top 200 universities. It may look impressive that you attended the top school for 2012/13, but the school isn't all that makes the person. In a couple of decades, the world's top school for 2012/13 may be like Miss Saskatoon 1976.

Sports.

The Lingerie Football League is a feminist nightmare

By Julia Siedlanowska, Contributor

My initial reaction to the Lingerie Football League (LFL) was one of repulsion and disappointment. “This is a huge step backwards for women’s rights,” I thought. I was appalled. “This is disgusting,” I said to my boyfriend and his buddy with the cover of *The Province* featuring an LFL player in action. Their nonchalant response was irritating. A shrug of the shoulders and a smirk is all I got. “And don’t look at it!” I thought.

Was my strong response to this story something other than what I recognized as feminism? Was I intimidated by the thought of beautiful women exposing their bodies to make a profit? This issue suddenly became less than black and white. My response was both personal and political—as a woman, how could it not be personal?

On one hand, women shouldn’t have to wear lingerie just to be able to play professional football. I think that a lot of integrity is lost when the definition of “professional” is only that the athletes are paid. If these women wanted to be treated as “real athletes” would they not refuse to wear anything less than professional gear? I’m surprised the LFL players aren’t running around in heels! During the Olympics this summer, there was great controversy over whether or not judo athlete Wodjan Shahrkhani should be allowed to wear a hijab due to possible safety hazards. The very little padding allowed for the LFL players, and the garters around their necks don’t seem to be a concern, but more of a highlight. Let’s not try to ignore the fact that this is indeed a niche, a gimmick to attract the fans. If we wanted simply to play football, we’d join or create a women’s football league with clothes.

On the other hand, it did cross my mind that this may be an act of feminist rebellion. To which my girlfriend said, “I really don’t think that the majority of the players on these teams are raging feminists.” True. However, if the only way to get a crowd and get paid is to use your “womanly charms,” could this not potentially be seen as a feminist reclamation of both personal and



economic power? I guess the argument is, if you’re going to get objectified anyways, why don’t you use it to your advantage? Besides, wouldn’t you get a little kick out of being gawked at as a sex object?

Isn’t that every woman’s dream? To be hailed as the ideal of female sexuality? The only problem is this is sexuality through the eyes of men. The same men who will be buying the tickets to the game,

I suppose. I also question the tryouts—if you’re asking the girls to wear “cute workout wear,” are you picking the hottest girls or the best players? As I try to look at the other side—to clear my conscience—and also to oppose the “Bible belt” pastors and citizens of Abbotsford who are themselves trying to enforce another kind of patriarchy, I find myself losing my own argument.

Perhaps this is another thing that attracts me to the contrasting side of the “traditional” feminist argument. When I find myself on the same side as the conservative religious majority, I think I should consider the opposites. Am I not just being a little bit snooty? I find myself remembering scenes from *Gone with the Wind*, married women swooning at the thought of a brothel. Not saying that brothels are nothing to swoon about, but there is a certain side to both male and female sexuality that cannot be denied, no matter how hard we try. Remember Ralphie’s hand in *A Christmas Story* reaching out to touch the leg lamp? “It’s like glowing sex!” It would be a form of oppression to try and stop these women from playing. After all, objectified or not, this is arguably a form of sexual expression, and has equal potential for gratification from both sides.

If feminism is about equality, women should not have to objectify themselves (or join organizations that objectify them) in order to get paid for playing sports (let alone make a living off of it.) If feminism is about freedom of choice, the Lingerie Football League must not be condemned (these are not women who are joining out of desperation.)

Though I will not be inviting my boyfriend out to watch the BC Angels vs. the Saskatoon Sirens any time soon, I can’t decide whether I condemn the league as a whole. Is it harmful to female society as a whole? I don’t know. Is it to be regarded on the same level as stripping or Hooters? I think so. I do know for sure that for me, on one side of the fantasy is the glory of it, and on the other is the feeling I get when I imagine the creepy old man sitting in the back staring at me in my underwear and saving it for later.

Douglas is feeling sporty this semester

By **Josh Martin**,
Sports Editor

Looking for something to do here at Douglas, but not exactly sure what? Wanting to get involved and meet new people? Maybe you want to get in shape and work on that overdue beach body? Then make your way down to the athletic department here at Douglas College where you can join a number of different classes, activities, clubs, and more.

At the New Westminster campus, there are several different kinds of recreational activities that you can partake in throughout the fall semester: basic step, yoga, core strength, and cardio kickboxing. Over at the David Lam campus, they offer yoga, zumba, total

body conditioning, Bhangra aerobics, and recreational badminton, as well as volleyball, dodge ball, and soccer intramurals.

The best thing about these clubs is that it's absolutely free for students to register! You can even register online at douglife.ca.

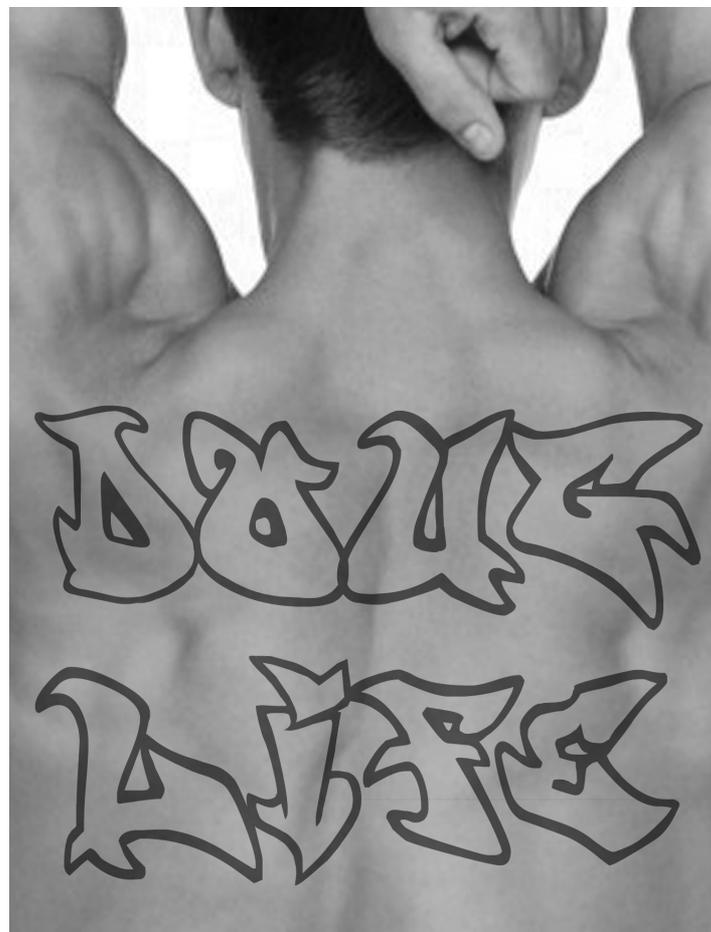
At the New Westminster campus, basic step is every Monday at 12:30 p.m., yoga is at 11:30 a.m. on Tuesdays and 12:30 p.m. on Fridays, core strength is at 12:30 p.m. on Tuesdays and 11:30 a.m. on Thursdays, and kick boxing is on Wednesdays and Thursdays at 12:30 p.m.

Over at the David Lam campus, yoga is on Mondays at 11:30 a.m. and Thursdays at 4:30 p.m., Total body conditioning is on Wednesdays at 12:30 p.m., recreational badminton is on Fridays at 12:30 p.m.,

zumba fitness is at 5:00 p.m. on Tuesdays, Bhangra aerobics is at 4:30 p.m. on Wednesdays along with soccer intramurals, and volleyball intramurals are on Wednesdays at 2:30 p.m., with dodge ball intramurals at 3:30 p.m.

Wanna get ripped? Come down to the Douglas College fitness centre! The Chris Johnson Fitness Centre at the New Westminster campus is open Monday to Thursday from 8 a.m. to 8 p.m. and on Fridays from 8 p.m. to 4:30 p.m. The centre is closed on the weekend and on holidays.

At the David Lam Campus, the Pinetree Community Centre is open from 8 a.m. to 9 p.m. and on Fridays from 8 a.m. to 8 p.m. On Saturday, Sundays, and holidays they're open from 8:30 a.m. to 8 p.m.



Football Fever: musings about the NFL

By **Eric Wilkins**,
Staff Writer

As of this article's writing, week one of the NFL is in the books, and week two is getting under way. Despite the year having barely begun, there are already a few storylines developing.

Let's start with the Big Apple, shall we? The Giants were upset by the Cowboys in their season opener. Wow. That result really surprised me. The Giants blew everyone out of the water last year on their way to yet another Super Bowl. Wait, what's that you say? They didn't? Oh, right. Eli Manning and his band of blue-clad misfits were an exceedingly average 9-7; 9-7 is the same record as the powerhouse Tennessee Titans finished. On top of that, the Giants actually allowed more points than they scored (394 for, 400 against). Yes, they still won the Super Bowl, but I just don't understand all the

hype about the team. If the Giants hadn't won the Super Bowl last year, would you consider the Cowboys' win an upset? I wouldn't. I wouldn't even be surprised. But if the Cowboys took out New Orleans, Green Bay, or New England, I would definitely consider that an upset. Why? Because those teams are proven winners. They dominate the regular season. They're always favourites to finish as champions. Simply winning the Super Bowl (not to say that it's easy) shouldn't be enough to vault a team into a top ranking. The Giants are a mediocre team that peaked at the right time, and nothing more. If they miss the playoffs this season, no one should be shocked.

Shifting the focus to the Jets, Mark Sanchez is doing his very best to keep the attention on himself and away from the Tebow show. The USC grad put up 266 yards through the air with three touchdowns and only one pick against the Bills,

and looked good doing it. Really good. Meanwhile, Tebow was limited to rushing the ball five times for 11 yards out of the Wildcat. And as if Sanchez couldn't get the spotlight any more securely on himself, it was discovered this week that he's dating Eva Longoria. Tim who?

Heading to New Orleans, two things were revealed in the opener against the Redskins: the Saints still have no defense, and Robert Griffin III is for real. Drew Brees is the reason the saying "the best defense is a good offense" exists. If it weren't for him, the 'Skins would have run roughshod (well, even more so than they did) over the Saints. The loss of Robert Meachem has proven so far to be no problem, and Jimmy Graham continues to show that he's probably a really advanced human cyborg. The offense will be dynamite again, but the defense may have to start searching for some new bounty hunters players

soon if they want to stay in contention. As for RGIII, I think the whole continent heard the girlish squeal of delight from the Redskins' nation. This guy can really play: 320 yards and two touchdowns with no picks, while adding 42 yards on the ground? If you thought Cam Newton looked good last year, then you're going to enjoy watching RGIII's star rise this time around.

While on the subject of rookie first round QB's, I'd like to take a moment to mention one of the other guys. No, not Luck. Not Tannehill either. I'm talking about the saviour of Cleveland, Brandon Weeden, the 28-year-old rookie. Back in April at the Draft, the Browns seemed to be turning a corner. They got the best back in the draft, Trent Richardson, then took their man behind centre, Weeden, and then proceeded to fill out the rest of the team with some promising prospects. Add in WR Josh Gordon from the Supplemental Draft, and

you almost had the makings of a breakout squad. And then you watched week one—possibly the ugliest game I've ever seen. The final score was 17-16 for the Eagles, but the stat lines are enough to make you want to puke. Weeden managed 118 yards passing with zero touchdowns and four interceptions while completing just over a third of his passes. For those fantasy football guys out there, yes, those stats actually mean he put up negative points. And while I'm having a go at the guy, his QB rating, which I've never really bothered to figure out completely, was 5.1. Despite not knowing much, I do know that it's exceptionally difficult to get a single digit number. Weeden will get better, but it's going to be a hard go of it for the Browns. Again.

And just so I'm on record of having said this, I've got the Falcons taking the big prize at the end of the playoffs this year.

War of the Words: women officials in the NFL

Ladies know the score

By **Josh Martin**,
Sports Editor

Recently, there has been a change in the NFL—a rather big one, I might add. One that could possibly change how the entire sport is portrayed for many years to come.

The change's name is Shannon Eastin, a 42-year-old female who became the very first woman official in an NFL regular season game.

A female is coming into a league that is full of males: players, coaches, officials, owners, GMs, and trainers. A "man's sport" would be the appropriate term to use here. It has been for the past several decades. But is all of that about to change? Are women going

to slowly push themselves into football? Will they maybe even play the sport alongside men?

Will they share the same showers? Will there be separate dressing rooms?

"Why is this happening?" "I liked it the way it was."

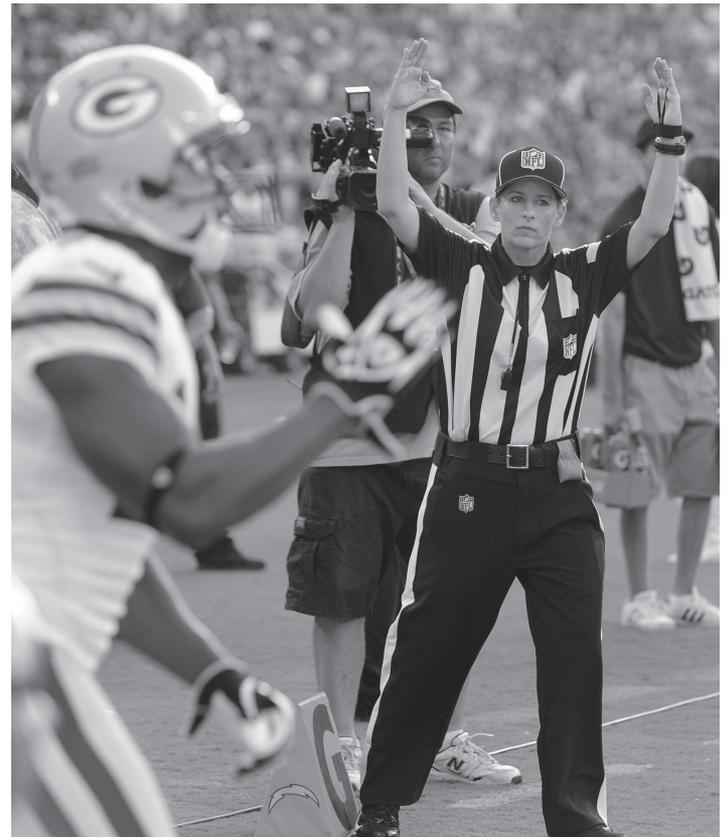
CHAOS.

Relax everyone. Take a deep breath and put your pizza down beside your six-pack of beer. Nothing has changed with the respect to the NFL. One woman has come in and become—as a replacement due to the labour disagreement between the regular officials and the NFL—a line judge. Someone who, according to the NFL rulebook jurisdiction, "straddles the line of scrimmage on side field opposite Linesman.

Keeps time of game as backup for clock operator..." and "...is responsible for offside, encroachment, and actions pertaining to scrimmage line prior to or at snap."

Eastin is perfectly qualified for the job. She has 16 years of officiating experience and has worked as a referee in the Mid-Eastern Athletic Conference, which is college football's second highest level.

A female's perspective never hurt anyone and for the NFL's sake, it should shake things up a bit. Just because the NFL introduced its first woman official doesn't mean that all of a sudden women are going to be popping up everywhere in the NFL. And if they do... what's wrong with that?



Shannon Eastin

No Females League: women shouldn't ref in the NFL

By **Eric Wilkins**, Staff
Writer

On NFL opening weekend, Shannon Eastin made history. Eastin became the first female official to referee an NFL regular season game. Great, right? Another move in the right direction for women's rights. Equality and all that jazz come to mind. However, at the risk of sounding like a sexist pig, which I can assure you I am not, I feel that Eastin's appointment is a mistake.

Before I continue, I must reiterate that I am not, in any way, against

women's rights/equality. I have no issue with having a female as my boss (as is so, here at The Other Press), nor do I believe that women are lesser than males in any way, shape, or form. Men and women should have equal opportunities in life.

But how can I say that, and then turn around and suggest that the NFL shouldn't have female officials? The issue is clearly a matter over a person's sex. Therefore, I have to be sexist, right? Wrong.

The NFL is a men's football league. Never in the history of the league has there ever been a female player, and there never

will be. That's just the way it is. And for that reason, the officials refereeing the game should always be men as well simply to better relate to and understand the players and the game. Women and men think differently. I don't think that has ever been in doubt. That being in mind, should an official who thinks differently from everyone else on the field really be there? It's not as simple as "the rules are the rules." There's a feel. Slight nuances to the game that need to be picked up on. For example, Eastin broke up a fake (fun) fight in the game she was in. While breaking

up a play fight isn't the worst thing in the world, it does demonstrate how she wasn't quite in sync with the players. That's just what guys do sometimes, and she failed to comprehend it.

So males shouldn't referee female sporting events then, right? Exactly. I would like nothing better than to see the day when females are refereed exclusively by their own sex. As a soccer referee growing up, I always found it difficult refereeing girls. It's a completely different game. Contrary to what one may believe, girls tend to play a far more physical game than the

men. It can be brutal out there. I often was whistling for horrendous fouls and getting quizzical looks from the players. If I had been fouled that way in one of my own games, I wouldn't have been surprised to see a card, but in a girl's world, it seemed this was hardly worthy of a call. I wasn't on the same page as the players. I didn't understand how their game worked.

I'm all for females getting equal opportunity in the world, but when it comes to sports, the sexes should keep to their own sides.

Royals update

The Douglas College men's soccer team defeated the Capilano University Blues on Saturday by a final score of 2-0. They tied the VIU Mariners on Sunday 1-1. After the first two weeks into the season, the Royals sit atop of the standings with eight points.

The women's soccer team had a very successful weekend with a huge 5-1 win over the Capilano Blues on Saturday, and then went on to defeat the Mariners 2-1. They are third in the standings with six points.

Both teams square off against Quest and Langara at home next weekend at Town Centre Stadium near the David Lam Campus. The men's team will be playing at 3 p.m. on Saturday against Quest and on Sunday at 3 p.m. as well. The women's team will be playing both days at 1 p.m. against the aforementioned teams.

Humour.



Upcoming season of 'Community' will appeal to a less intelligent audience

New showrunner says that talking bear character is going to be a 'smash hit'

By **Livia Turnbull**, TV columnist who loves to make fans cry

Fans of the cult-hit *Community* have been waiting all summer for the new season to start, but there's at least one face that won't be in attendance when the show returns. The show's creator, Dan Harmon, has officially left after three seasons, leaving

fans to wonder what the new showrunners, Moses Port and David Guarascio, have in store for Greendale. A recent statement from the pair sent many skeptics reeling, as they told fans that *Community* was "going to be dumbed-down."

"I'm sorry, but if you want to make it big in the industry, you have to... well, always be on be your knees," Guarascio stated in an interview at Comic-Con. The new season will include a laugh track after every line, much like competing sitcom *The Big Bang Theory*. "Most viewers won't even know what's funny unless you put a laugh track in,"

Guarascio explained.

Another change to the show will be the way the characters are portrayed. "Abed is going to become like Sheldon Cooper, but with TV," stated Port. According to the two showrunners, Britta will also become a lesbian vegan and ram her issues of the day down everyone's throats, while Shirley will become a punchline for fat jokes. Annie will be appointed as the token female love interest who hooks up with Jeff and Troy will start trying to be a basketball player/rapper, much to every character's chagrin."

As for Chevy Chase's character, "Pierce will be just filled—if you pardon the pun—with constipation jokes," says Guarascio. The character of Jeff has also been appointed as the token male love interest, who will be hooking up with Annie, token love interest girl.

"Wait until you see the new characters we're bringing in," says Port, "there's going to be a talking bear, a ventriloquist, a flying robot dog, and many other characters that are sure to be memorable." In addition to the new characters, the show will guest star characters from other hit sitcoms.

"In an upcoming episode, Dean Pelton promises Greendale a visit from some hot supermodels, only to find out that he accidentally ordered a children's beauty pageant to be staged at Greendale instead. Britta goes into full-on activist mode, while Annie and Shirley go baby crazy." The episode will guest star the cast of the popular TLC reality show, *Here Comes Honey Boo-Boo*.

Viewers have been told to expect a lot of farting.

FAUX ROSCOPEs

Capricorn

(12/22-1/19)

Today, I learned that blowing up a paper bag can have major consequences, especially if that act is done while in a retirement home. I figure I should give you this advice in case you ever wanted to avoid civil lawsuits.

Aquarius

(1/20-2/18)

It's time to put your plan into action. Unfortunately, your plan is to procrastinate.

Pisces

(2/19-3/20)

Your poetic soul cries/For food, but you've been told that/There's no wealth in poems.

Aries

(3/21-4/19)

You can charm the birds off the trees and send them flying into your reflection with your smile. In fact, with a smile like yours, your old rival will stop arguing and bow down to you. Your next goal is to become the ruler of the world.

Taurus

(4/20-5/20)

Today, the news article about a horrific train wreck will send you into fits of maniacal laughter, much to the bewilderment of passersby.

Gemini

(5/21-6/21)

It's time to pay off those bills. I guess you need to start digging through piles of papers to decide which "story" to send to a publisher.

Cancer

(6/22-7/22)

You have to lay down the law today. Otherwise, people will continue to not take you seriously in that cop uniform you borrowed from The Village People.

Leo

(7/23-8/22)

You may be all that and a bag of chips, but people have long since stopped caring about trying to help you with every little problem. Nobody really cares about who got voted off *American Idol* last night.

Virgo

(8/23-9/22)

You have untapped depths of talent. The question is: what is your talent? It certainly isn't schoolwork.

Libra

(9/23-10/22)

Today's big conflict isn't going to resolve itself. No, you need to roll up your sleeves, grit your teeth, and at least try to do your housework.

Scorpio

(10/23-11/21)

You can't handle the polarization of the Earth, so you build a space shuttle and fly to the moon. However, you only pack one extra oxygen tank and your first one is already running low.

Sagittarius

(11/22-12/21)

Even if your friend's new business seems ridiculous, just remember that most people around you don't get paid to dress up in a lion suit.

Humorous Hymn

Advert

AAHHHH! It's Fred! No, wait, don't hit the skip button-

Adverts. They are everywhere now. Popping up before every video, every song-

Tired of your house smelling like a house? Than get a Glade plug-in airfresh-

Every line.

You try to ignore them
But they keep creeping in-

Like the bacteria growing on your unclean carpet.
Get your new carpet cleaner from Sears today!

But what can you do?

Join the Canadian Armed Forces.

There's only so much of this noise you can take.

Advil provides 12-hour migraine relief.

Soon or later you'll become sucked in
and start advertising for The Other Press.

**With files from Livia Turnbull*

Sans Comic

By Oliver McTavish &
Joel MacKenzie



"Again Beatrix heard the wham, then the long scrape as the mammoth sucking device dragged across the hard wood. Then she heard it: the happy word. 'Mittens! Mittens!' was shouted, interspersed between nonsense. In a flash of courage, Beatrix looked up and saw it: her human was at the helm!"

**With files from Livia Turnbull*

WELCOME BACK!

MET BAR & GRILL

STUDENT NIGHT

Every Wednesday

Show your student ID and get 10% off discount on all food.

FREE POOL ALL DAY!



ON SPECIAL

Okanagan Spring

**1516 LAGER
& PALE ALE**

\$4.75
/SLEEVE

\$4.50 SHOTS

Columbia Skytrain Station



4TH STREET

COLUMBIA STREET

the Met
BAR & GRILL

check out our website for a full list of our events!



411 COLUMBIA STREET, NEW WESTMINSTER METBARGRILL.COM
ONLY 6 STEPS AWAY FROM COLUMBIA STREET SKYTRAIN STATION

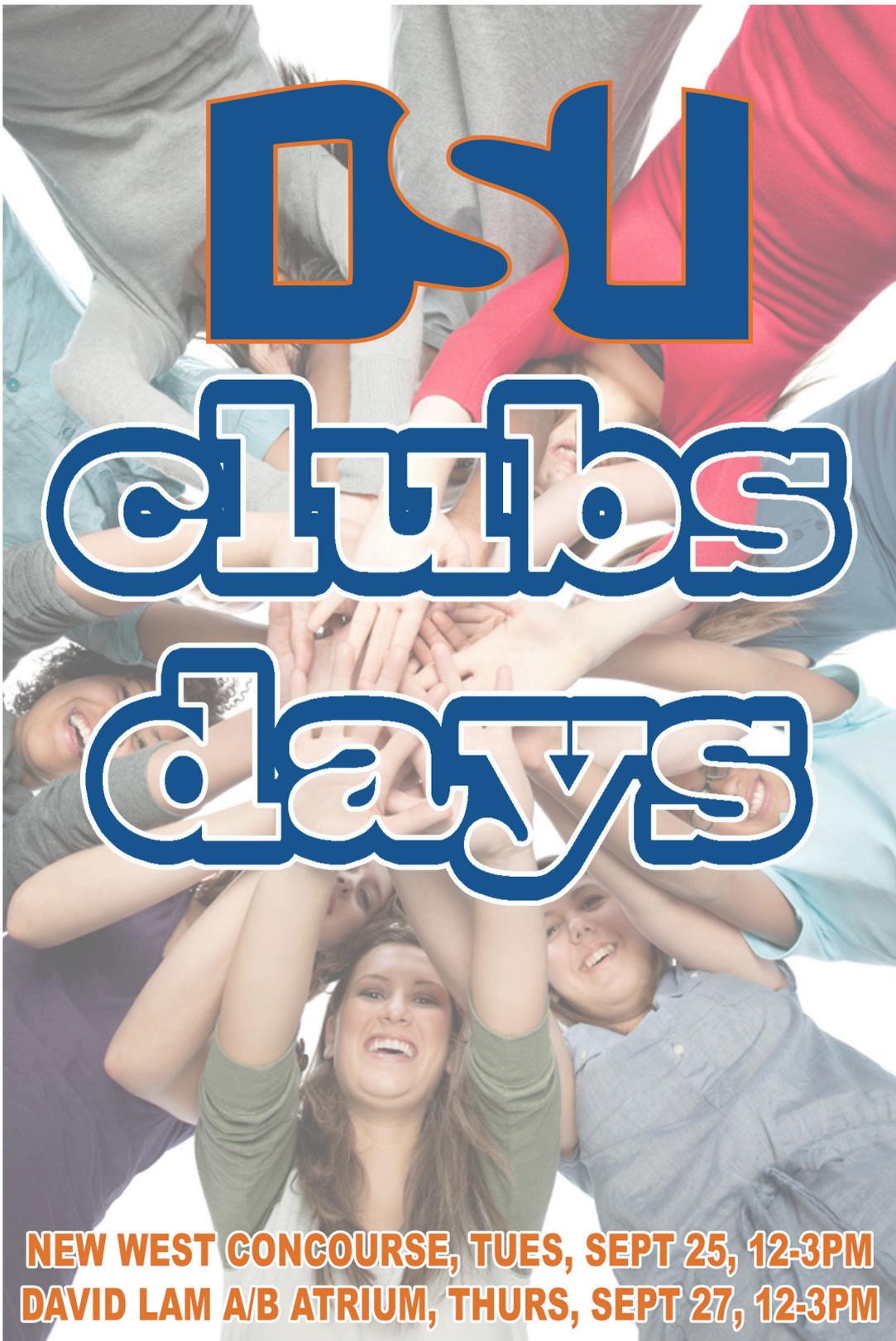


DSU Movie Night
 Tues, Sept. 18, 6:30 DSU Lounge
 free admission, free popcorn and snacks

Free



Wed, Sept 19, DLC C/D Atrium 10am-12pm



NEW WEST CONCOURSE, TUES, SEPT 25, 12-3PM
 DAVID LAM A/B ATRIUM, THURS, SEPT 27, 12-3PM

Free

Open

Mic

Night



DSU Lounge,
 Wed, Sept 26, 4-8pm
 Licenced Event